

# Free Chronic Kidney Disease Screenings

The Bermuda Diabetes Association, in collaboration with Carna Health, is pleased to announce the launch of monthly FREE Chronic Kidney Disease (CKD) Screenings starting January 29.

**We recognize the significance of early detection in managing and preventing CKD, and we are committed to providing accessible screenings for those at risk.**

If you have any of the following, we strongly encourage you to take advantage of these screenings:

- **Diabetes**
- **High Blood Pressure (hypertension)**
- **Cardiovascular disease**
- **Previous episode of acute kidney injury**
- **Gout**
- **Smoker**
- **Obesity**
- **Family history of kidney disease**

**Early detection makes a significant difference in managing and preventing Chronic Kidney Disease.**

**Visit [www.diabetes.bm](http://www.diabetes.bm) or call 297 8427 for more information**

