

Silly and Speedy Conversation Starters

We always have more to learn about ourselves and the people close to us. Playful, open conversations can help family members of all ages practice empathy and understanding. Plus, it can help us reduce stress, use our imaginations, and get a little silly!

Whether you're on the way to school, waiting in line at the store, or sharing a meal, use these conversation starters anytime, anywhere!



Would You Rather?

Would you rather...

- visit a haunted house or
- ride the tallest roller coaster in the world?

Would you rather...

- be able to talk with animals or
- understand every human language?

Would you rather...

- swap clothes with a family member for a day or
- swap chores for a day?

Would you rather...

- plant a vegetable garden or
- plant a flower garden?

Would you rather...

- have a swimming pool all summer or
- a hot tub all winter?

Would you rather...

- spend a day at the beach or
- a day in the mountains?

Would you rather...

- go a week without music or
- a week without movies and TV?

Would you rather...

- be able to fly or
- breathe under water?

Would you rather...

- have to eat all your meals as sandwiches or
- as tacos?

Would you rather...

- share your bedroom with a pet skunk or
- a pet porcupine?

Would you rather...

- have a treehouse fort or
- a secret tunnel fort?

Would you rather...

- have a full year of springtime or
- a full year of fall?



If You Could...

If you could travel anywhere in the world, where would you go?

If you could go back in time or into the future, what time period would you choose?

If you could be any other animal for a day, what would you be?

If you could learn to cook one special meal from scratch, what would you cook?

If you could design your own board game or video game, what would your game be like?

If you could save one thing in a time capsule for your future self, what would you save?

If you could have one superpower, what would it be?

If you could play any musical instrument, what would you play?

If you could paint your classroom any color, what would it be?

If you could pick any subject to learn about in school, what would it be and who would be the teacher?

If you could meet any fictional character (from books, TV, movies, video games), who would you meet?

If you could describe your day with a facial expression, what would that look like? Can you make that face now?



What Is Your Favorite?

What is your favorite thing about yourself?

What is your favorite dance song? Who sings it?

What is your favorite way to relax after school?

What is your favorite pizza topping or toppings combination?

Who is your favorite TV character? Do they remind you of anyone in real life?

What is your favorite subject to learn about in school?

What is your favorite thing to do with your friends?

What is your favorite way to enjoy the weekend?

What is your favorite way to get your body moving?

What is your favorite season in the year, and what do you like about it?

What is your favorite breakfast food, lunch food, or dinner food?

What is your favorite book to read or that someone has read to you?